

CARROT CAKE COOKIES

makes 15 cookies

INGREDIENTS

- 1 cup nut butter of your choice
- ½ cup finely shredded coconut (non-sweetened)
- 2 tsp vanilla extract
- 2 tsp cinnamon
- 1/8 tsp of allspice
- ½ tsp Himalayan pink salt
- ½ cup chopped dates (or more)
- ½ cup of chopped walnuts*
- 1 finely shredded carrot

DIRECTIONS

Mix all the ingredients by hand in a bowl. Scoop tablespoon size amount into palm of hand and roll into a ball. Place in container and store in the fridge. TIP: if you really like them, make a double batch and store the extras in the freezer.

*for the walnuts, use soaked and dried nuts, otherwise buy raw, unsalted, uncoated